

# Absolute Kinetics Consultancy Pte Ltd

Co Reg No: 200102574Z



## Training Centres

**Central** : 33 Hillview Terrace, Singapore 669253  
**East** : 1 Harrison Rd, Singapore 369652  
**West** : 6 Third Lok Yang Road, Singapore 628001  
**North** : 2 Woodlands Sector 1 #01-19, Singapore 738068



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Course Name	SSG course code	Course Fees excluding GST (S\$)	9% GST (S\$)	Course Fees including GST (S\$)	Nett fee Payable after baseline funding	Nett fee Payable after additional funding (above 40 / SME)
<b>FOOD SAFETY COURSES:</b>						
Food Safety Course Level 1	EN - TGS-2024052000 MN - TGS-2024051998	138.00	12.42	150.42	81.42	53.82
Food Safety Course Level 2	EN - TGS-2025057719	155.00	13.95	168.95	91.45	60.45
Food Safety Course Level 3	EN - TGS-2025057930 MN - TGS-2025057929	680.00	61.20	741.20	401.20	265.20
Food Safety Course Level 1 (Refresher)	EN - TGS-2024051999 MN - TGS-2024051997	70.00	6.30	76.30	41.30	27.30
Food Safety Course Level 1 - Synchronous e-learning	EN -TGS-2024052086 MN - TGS-2024052088	138.00	12.42	150.42	81.42	53.82
Food Safety Course Level 1 (Refresher) – Synchronous e-learning	EN -TGS-2024052087 MN - TGS-2024052090	70.00	6.30	76.30	41.30	27.30
Food Safety Course Level 1 (Assessment Only Pathway)	EN -TGS-2024052091 MN - TGS-2024052092	50.00	4.50	54.50	29.50	19.50
WSQ Workplace Safety & Health for F&B Operations (Level 2)	TGS-2025056937	188.00	16.92	204.92	110.92	73.32
<b>MANAGER LEVEL COURSES:</b>						
Digital Marketing for Businesses: Build your Brand!	TGS-2025056936	388.00	34.92	422.92	228.92	151.32
Develop a Risk Management Implementation Plan (bizSAFE 2)	TGS-2012501109	375.00	33.75	408.75	221.25	146.25
Develop a Workplace Safety and Health Management System (WSHMS) Implementation Plan (bizSAFE 4)	TGS-2012501146	495.33	44.58	539.91	292.24	193.18
Manage Workplace Safety and Health in Construction Sites	TGS-2020513072	480.00	43.20	523.20	283.20	187.20

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<b>SUPERVISOR LEVEL COURSES :</b>						
Workplace Safety and Health Management in Construction Industry (Previously known as BCSS)	EN - TGS-2022013037 MN - TGS-2022013019	272.00	24.48	296.48	160.48	106.08
Supervise Tunnelling Work for WSH	TGS-2022012918	280.00	25.20	305.20	165.20	109.20
Supervise Work in Confined Space Operation	TGS-2013500789	272.00	24.48	296.48	160.48	106.08
Supervise Workplace Safety and Health in Process Plant	TGS-2013500793	430.00	38.70	468.70	253.70	167.70
Supervise Safe Lifting Operations	EN - TGS-2022013034 MN - TGS-2022013224	359.00	32.31	391.31	211.81	140.01
Supervise Workplace Safety and Health for Formwork Construction	TGS-2022013028	359.81	32.38	392.19	212.29	140.33
Supervise Manufacturing Work for WSH	TGS-2015500655	302.00	27.18	329.18	178.18	117.78
Supervise Metal Scaffold Erection	EN - TGS-2022013102 MN - TGS-2022013146	878.00	79.02	957.02	518.02	342.42
Supervise Suspended Scaffold	TGS-2020503443	415.00	37.35	452.35	244.85	161.85
<b>WORKER LEVEL COURSES :</b>						
Apply WSH in Construction Sites (Previously known as CSOC)	Refer to our website for each language	120.00	10.80	130.80	70.80	46.80
Apply WSH in Metal Work (Previously known as MSOC)	EN-TGS-2022013105; MN-TGS-2022013194	80.00	7.20	87.20	47.20	31.20
Operate Boom Lift course	EN - TGS-2022012965 MN - TGS-2022013042	265.00	23.85	288.85	156.35	103.35
Operate Scissor Lift course	EN - TGS-2022012980 MN - TGS-2022013043	265.00	23.85	288.85	156.35	103.35
Operate Vertical Personnel Platform course	TGS-2022012961	265.00	23.85	288.85	156.35	103.35
Perform Rigger and Signaller Tasks	EN - TGS-2022013026 MN - TGS-2022013193	275.00	24.75	299.75	162.25	107.25
Operate Lorry Crane course	TGS-2015500398	700.93	63.08	764.01	413.55	273.36
Operate Lorry Crane course (Assessment Only Pathway)	TGS-2023021829	350.00	31.50	381.50	206.50	136.50
Perform Work in Confined Space Operations	TGS-2013500742	156.00	14.04	170.04	92.04	60.84

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Apply WSH in Process Plant	TGS-2013500777	103.00	9.27	112.27	60.77	40.17
Perform Metal Scaffold Erection	EN - TGS-2022013109 MN- TGS-2022013147	383.00	34.47	417.47	225.97	149.37
Perform Rigging of Suspended Scaffold	TGS-2020503446	405.00	36.45	441.45	238.95	157.95
Operate Explosive Powered Tools	TGS-2020503422	130.84	11.78	142.62	77.20	51.03
Apply Workplace Safety and Health in Shipyard (General Trade)	TGS-2020503393	37.39	3.37	40.76	22.06	14.58
Apply Workplace Safety and Health in Logistics and Transportation	TGS-2020503392	46.00	4.14	50.14	27.14	17.94
Perform Formwork Activities	TGS-2022013111	107.48	9.67	117.15	63.41	41.92
<b><i>ENVIRONMENTAL SERVICES COURSES :</i></b>						
Workplace Safety and Health Practices Implementation (Level 1)	TGS-2020504592	186.92	16.82	203.74	110.28	72.90
Vertical Surface Maintenance (Level 1)	TGS-2021002455	325.00	29.25	354.25	191.75	126.75
Horizontal Surface Maintenance (Level 1)	TGS-2020506162	400.00	36.00	436.00	236.00	156.00
Washroom Maintenance (Level 1)	TGS-2022012513	240.00	21.60	261.60	141.60	93.60
Furniture & Furnishing Maintenance (Level 1)	TGS-2022017755	220.00	19.80	239.80	129.80	85.80
Customer Management (Level 1)	TGS-2021010243	160.00	14.40	174.40	94.40	62.40
Customer Management (Level 1) – Assessment Only Pathway	TGS-2022017351	100.00	9.00	109.00	59.00	39.00
Furniture & Furnishing Maintenance (Level 1) - Assessment-Only-Pathway	TGS-2023018366	100.00	9.00	109.00	59.00	39.00
Horizontal Surface Maintenance (Level 1 – Assessment Only Pathway)	TGS-2022017364	100.00	9.00	109.00	59.00	39.00
Vertical Surface Maintenance (Level 1) – Assessment Only Pathway	TGS-2022017365	100.00	9.00	109.00	59.00	39.00
Washroom Maintenance (Level 1) – Assessment Only Pathway	TGS-2022017366	120.00	10.80	130.80	70.80	46.80

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Workplace Safety and Health Practices Implementation (Level 1) - Assessment Only Pathway	TGS-2022017367	100.00	9.00	109.00	59.00	39.00
Public Hygiene Maintenance (Commercial Spaces) (Level 1)	TGS-2025057942	168.00	15.12	183.12	99.12	65.52
WSQ WSH System Management (Level 3) for Cleaning Supervisors	TGS-2025056505	338.00	30.42	368.42	199.42	131.82
Equipment and Inventory Management (Level 3)	TGS-2025058240	238.00	21.42	259.42	140.42	92.82
<b>WORKPLACE SAFETY AND HEALTH PERSONNEL COURSES :</b>						
Advanced Certificate in WSH course	TGS-2022017465	1743.93	156.95	1900.88	1028.92	680.13
Problem Identification	TGS-2023018472	230.00	20.70	250.70	135.70	89.70
Measure, Monitor and Report WSH Performance	TGS-2015500375	134.58	12.11	146.69	79.40	52.49
Workplace Communications	TGS-2023018467	220.00	19.80	239.80	129.80	85.80
Assess Confined Space for Safe Entry & Work Course	TGS-2012501114	660.00	59.40	719.40	389.40	257.40
Occupational First Aid Course	TGS-2018500014	346.00	31.14	377.14	204.14	134.94
<b>FORKLIFT COURSES:</b>						
WSQ Operate Forklift Course (With Class 3 License)	TGS-2014501099	408.00	36.72	444.72	240.72	159.12
WSQ Operate Forklift Course (Without Class 3 License)	TGS-2014500850	614.00	55.26	669.26	362.26	239.46
Forklift Operator Refresher Training Course	TGS-2024051254	224.00	20.16	244.16	132.16	87.36
<b>WORK AT HEIGHT (WAH) COURSES:</b>						
Manage Work At Height	TGS-2022013032	411.00	36.99	447.99	242.49	160.29
Perform Work At Height (Previously Known as WAH Workers)	EN-TGS-2022012981; MN - TGS-2022013020; MY-TGS-2022013021	102.00	9.18	111.18	60.18	39.78
<b>SCDF COURSES:</b>						
Implement Incident Management Processes course	TGS-2014500138	430.00	38.70	468.70	253.70	167.70
Respond to Fire in Workplace	TGS-2015500151	260.00	23.40	283.40	153.40	101.40

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Respond to Fire Emergency in Buildings	TGS-2015500157	485.00	43.65	528.65	286.15	189.15
Respond to Fire and Hazmat Emergency	TGS-2015500158	700.00	63.00	763.00	413.00	273.00
<b>SECURITY COURSES:</b>						
Guard and Patrol, Access Control Management (Provide Guard and Patrol Services and Operate Basic Security Equipment)	TGS-2023021761	480.00	43.20	523.20	283.20	187.20
Incident Response (Handle Security Incidents and Services)	TGS-2019502731	383.09	34.48	417.57	226.02	149.41
Guard and Patrol (Supervise Security Officers)	TGS-2019502725	448.60	40.37	488.97	264.67	174.95
Security Screening Management (Conduct Security Screening of Person & Bag)	TGS-2019502726	327.10	29.44	356.54	192.99	127.57
Security Surveillance Management (Perform Remote Surveillance Function)	TGS-2023021827	350.00	31.50	381.50	206.50	136.50
Threat Observation (Recognise Terrorist Threats)	TGS-2019502732	246.73	22.21	268.94	145.57	96.22
Deterrence (Manage Disorderly Conduct & Threatening Behavior)	TGS-2019502729	287.76	25.90	313.66	169.78	112.23
Access Control Management (Operate Basic Security Equipment)	TGS-2019502661	373.83	33.64	407.47	220.56	145.79
<b>MENTAL WELL-BEING COURSES:</b>						
Developing a Mental Resilience Strategy for Workplaces	TGS-2024046132	280.00	25.20	305.20	165.20	109.20
Enhancing Wellness and Resilience: Strategies for Personal Empowerment	TGS-2024046133	235.00	21.15	256.15	138.65	91.65
Mastering Your Mental Compass: A guide to Self-Awareness and Growth	TGS-2024049595	250.00	22.50	272.50	147.50	97.50
<b>OTHER COURSES:</b>						
Problem-solving Essentials in Today's Workplace : Overcoming Challenges Together	TGS-2025057665	388.00	34.92	422.92	228.92	151.32
Communication Essentials in Today's Workplace : Building Stronger Teams	TGS-2025057632	388.00	34.92	422.92	228.92	151.32
Customer Service Excellence: Connect with Empathy! (Level 1) About	TGS-2025056655	188.00	16.92	204.92	110.92	73.32

*\* Nett Fee Payable is subject to change based on actual calculation of funding, at the time of submission, in TPGateway portal*

**Note :**

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<p><b><u>SSG Training Grant eligibility criteria:</u></b></p> <p>(i) Training should be fully sponsored by companies registered or incorporated in Singapore (For Company Registration).</p> <p>(ii) Trainee must be a Singaporean or Singapore Permanent Residents (PR).</p> <p>(iii) Trainee must pass all the course assessments (If the Trainee fails to clear the course assessments, Training Grant amount is fully payable by the Trainee to the Training Centre).</p> <p>(iv) There should be an employer-employee relationship and CPF contribution for employer-sponsored trainees during the course period for Company Sponsored Registration.</p> <p>(v) Payment should be made by Company's Cheque or via Company GIRO within 60 calendar days from the course run end date for Company sponsored Registration).</p> <p>(vi) Payment must be made on or before the course start date for the self-sponsored registrations)</p> <p>(vii) Trainees <b>MUST</b> use SingPass App to sign the e-attendance in all sessions to fulfil the attendance requirements for the Absentee Payroll and Training Grant.</p>						

updated

27/02/2026