

# APPLY WORKPLACE SAFETY AND HEALTH IN PROCESS PLANT (Previously known as OPSOC)

## Course Contents:

1. Identify the roles and responsibilities under the Workplace Safety and Health Act
2. Identify and prevent fire and explosion hazards at the workplace
3. Comply with safe work practices and control measures for material handling
4. Comply with safe work practices and control measures for mechanical and electrical works
5. Comply with safe work practices and control measures when working on specialized operations
6. Comply with safe work practices and control measures when working at Heights
7. Comply with safe work practices and control measures when working in a confined space



## Assumed Skills & Knowledge:

Learners are assumed to:

1. Have basic knowledge of personal protective equipment (PPE)
2. Know how to use basic PPE provided at workplace
3. Be able to follow written and oral work instructions
4. Be able to listen, read, speak and write English at a proficiency level equivalent to the Employability Skills System (ESS) level 2
5. Be able to manipulate numbers at a proficiency level equivalent to Employability Skills System (ESS) level 2

Medium of Instruction: English

Trainees with 100% attendance will only be allowed to sit for the test. Late comers are strictly not allowed into the class

Course Duration & Schedules: 9 Hours (0830 to 1830 Hours)

Course Schedule: Kindly refer to our website [www.sg-akc.com](http://www.sg-akc.com) for the latest schedule.

Course Venue: 64 Hillview Terrace, Singapore 669277, 99 Desker Road, Singapore 209621, 6 Third Lok Yang Road, Singapore 628001

Course Fee: \$ 112.27 (Inclusive of GST).

SDF course code is TGS-2013500777

Please note that we will contact the trainees via email or phone to collect the feedback after the course completion.

**Free Parking @ 64 Hillview Terrace (first come, first serve basis), free photo taking and safety card.**

### Student Registration form

|                                                                                                                                                                      |  |               |  |                        |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|---------------|--|------------------------|--|
| Company Name                                                                                                                                                         |  |               |  | Company Reg. no.       |  |
| Company Address                                                                                                                                                      |  |               |  | Course Date            |  |
| Contact Person Name                                                                                                                                                  |  |               |  | Course Language        |  |
| Contact Person Email                                                                                                                                                 |  |               |  | Course Venue           |  |
| Contact Person Mobile                                                                                                                                                |  | Tel no:       |  | Fax no:                |  |
| Participant details                                                                                                                                                  |  |               |  |                        |  |
| Participant Name                                                                                                                                                     |  |               |  | NRIC / FIN             |  |
| Participant Email                                                                                                                                                    |  |               |  | Participant mobile no. |  |
| Nationality                                                                                                                                                          |  | Date of Birth |  | Race                   |  |
| Designation                                                                                                                                                          |  | Education     |  | Gender                 |  |
| Salary Range : (1 - Below \$1000, 2 - \$1000-\$1499, 3 - \$1500-\$1999, 4 - \$2000-\$2499, 5 - \$2500-\$2999, 6 - \$3000-\$3499, 7 - \$3500 & above)                 |  |               |  |                        |  |
| Refund Policy: Request for refund must be submitted in writing, before the course date. Refund of course fees is subject to our terms and conditions (refer website) |  |               |  |                        |  |
| Absolute Kinetics Consultancy Pte Ltd Tel : 6690 5555                                                                                                                |  |               |  | Company seal           |  |
| Website: <a href="http://www.sg-akc.com">www.sg-akc.com</a> Registration Email: <a href="mailto:register@sg-akc.com">register@sg-akc.com</a>                         |  |               |  |                        |  |